

Ignite Creativity:

Thinking Differently to Innovate and Imagine

1. What elements/people/contexts in my environment inspire or stimulate me to be curious and creative?
2. Have I explored new perspectives or ideas from different contexts?
3. How can I open myself up to different sources of inspiration to enrich my imagination?
4. How can I transform my initial ideas to better adapt them to a given context?
5. Can I learn from my mistakes to adjust my creative strategies?
6. Do I have the mental flexibility to revisit or reformulate my ideas?
7. How can I assess the relevance and quality of my ideas? What criteria should I use?
8. Do I take the time to reflect on what works and what needs to be improved in my creative process?
9. Am I open to criticism and suggestions to enrich my ideas?
10. What creative ideas or strategies have I retained, and how can I organize them for re-use?
11. How can I structure a repertoire of innovative solutions and approaches for different contexts?
12. Do I dare to explore areas of uncertainty and step out of my comfort zone?
13. How can I nurture my curiosity to stay engaged in the creative process?
14. Have I taken on board the idea that innovation is a continuous process, with ups and downs?